



## TEXAS DEPARTMENT OF STATE HEALTH SERVICES

DAVID L. LAKEY, M.D.  
COMMISSIONER

P.O. Box 149347  
Austin, Texas 78714-9347  
1-888-963-7111  
TTY: 1-800-735-2989  
[www.dshs.state.tx.us](http://www.dshs.state.tx.us)

### Broadcast #169

November 14, 2014

**To: Recovery Coaches**

**From:** Philander Moore, Unit Manager  
Substance Abuse Unit  
Mental Health and Substance Abuse Division

**Re: Recovery Coaches and Peer Specialist Co-occurring Psychiatric and Substance Use Disorders (COPSD) Training: A Collaborative Approach**

#### OVERVIEW

The Department of State Health Services (DSHS), the Substance Abuse Recovery Community and Via Hope will provide a collaborative COPSD training seminar for Recovery Coaches and Peer Specialists on December 10 and December 11, 2014

#### TRAINING DESCRIPTION

Individual(s) previously trained in the DSHS approved 46-hour Texas Peer Recovery Coach Training or Certified Peer Specialist training offered by Via Hope, and who have provided recovery support services for a minimum of six months, may apply to attend this seminar.

The training will be highly interactive to enable participants to gain a better understanding of, and insight into co-occurring disorders. The training will increase participants' understanding of co-occurring disorders, enhance skill sets, and build awareness of additional resources that are available when providing recovery services.

The seminar will consist of two 8-hour sessions over two consecutive days. Training will begin promptly at 9:00 a.m. and will end at 6:00 p.m. In order to receive the certificate of completion, a participant must complete 14 hours of training. A total of 14 hours of continuing education units are available for those who successfully complete the course **This training opportunity will be limited to a maximum of 26 participants, half will be peer specialist and half will be recovery coaches.**

At the end of the training participants will be able to:

- Increase their knowledge of mental health and substance use disorders and the relationship between them
- Increase their understanding about a person with lived experience and/or in recovery
- Increase their knowledge of the history and cultural issues of the mental health and substance abuse recovery communities
- Increase their knowledge, experience, and specialized skills in providing recovery services for people with co-occurring substance use and psychiatric disorders

#### **TRAINING LOCATION**

Training will be conducted on the following dates and location:

**December 10 and December 11, 2014**

**9 a.m. to 6 p.m. each day**

**Austin State Hospital  
909 West 45<sup>th</sup>  
Building 552, room 125  
Austin, Texas 78751**

**Training fee is \$30.00**

**Breakfast and lunch will be provided each day --hotel accommodations are the responsibility of the participants.**

#### **FEE, APPLICATION, PROCESS, & TRAINING REQUIREMENTS**

**The cost for the training is \$30.00 and must be paid to Via Hope.** Due to the limited number of training slots available, DSHS reserves the right to select participants. After applicants are notified of their confirmed slots, DSHS will provide direction on how to submit payment to Via Hope for the training.

DSHS will accept applications for training slots from November 17 thru December 1, 2014 (see dates below). DSHS will notify selected individuals in sufficient time to allow each participant to make the necessary arrangements to attend the training, but no later than **ten days** prior to the training date.

Applications must be sent to Tina Hosaka either by fax 512-206-4775 or by e-mail to:  
Tina.Hosaka @dshs.state.tx.us

#### **DATES TO REMEMBER**

November 17, 2014 first day to start submitting applications for training December 1, 2014 will be the last day applications will be accepted	Applications are due
December 1, 2014	Notification of acceptance

DSHS looks forward to working with you and being able to offer this unique opportunity to those interested in assisting others in recovery. For questions or further information regarding the recovery support training, please contact Tina Hosaka at [tina.hosaka@dshs.state.tx.us](mailto:tina.hosaka@dshs.state.tx.us) (512) 206-5205.